

# Questions for your book club

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- In the novel, whilst her husband is tackling his own mid-life crisis, Kate is left to keep her family together alongside dealing with her own issues. How does society place pressure on women to 'have it all' – and solve it all?
- Kate struggles to re-enter the work force after a long period of absence – what are the factors that made it difficult for her and how do we affect change?
- How and why does Allison Pearson use humour to tackle subjects such as hormones, age and marriage struggles in the novel?
- At the beginning of the novel, Kate's daughter Emily deals with the fallout of a social media incident. What are the advantages and disadvantages of social media in our society and specifically its effect on our teenagers?